



Carla Pasternak's

Dividend Opportunities

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Now Is Your Last Chance to Capture 20% -Plus Yields in the Rebounding Shipping Industry

-- By Anthony Haddad

In October, we alerted our [Global Dividend Opportunities](#) readers about the historic drop in the Baltic dry and the great yields shipping stocks were paying. In December, I wrote about the opportunity in our [Investor Update](#).

Now may be your last chance. *(Full Story Below)*

Also in Today's Issue...

Capture 14% Yields and Total Returns up to +185.6%

On the last trading day of 2009, 94% of the picks in this high-yielding portfolio were up. Most of them have returned more than +10%, and several have returned +100% or more. But the best part is that these picks carry stable yields of up to 14.3%!

[Go here to see for yourself.](#)

Turn a \$200 investment into \$1 Million

There's a reason penny stocks have been Wall Street's favorite hidden investment for years now: they give the best shot at winning it big.

[Click Here to get in on these Hidden Investments!](#)

Now Is Your Last Chance to Capture 20% -Plus Yields in the Rebounding Shipping Industry

The Baltic Dry Index is a measure for what it costs to transport by sea. When it's down, shipping stocks are down. The index peaked in May 2008 at an all-time high of 11,793. From May to December 2008, it dropped more than -90% to 663, a low not seen in more than two decades. Today, it's in the middle of a rebound.

Income Notes

Home prices fell a record -8.2% in 2008, causing the greatest devaluation since the 1930s. Nevada and California led the drop with prices falling -28% and -26%, respectively.

The National Association of Realtors estimates that home prices will fall another -2.9% this year. But 2010 looks better. The group is predicting a +4.6% gain next year.

-- Bloomberg

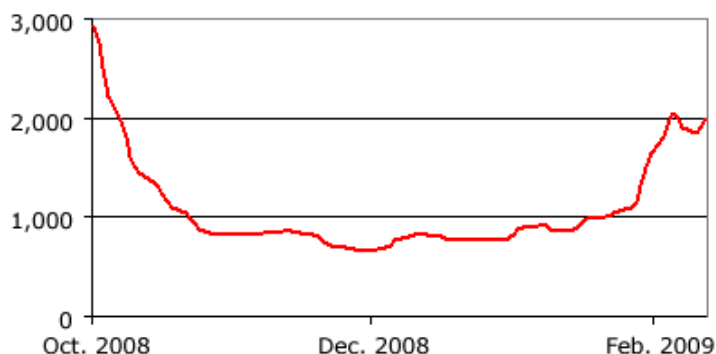
One Stock a Month is All You'll Ever Need

For the entire 2009 calendar year 100% of Amy Calistri's *Stock of the Month* picks have been winners. ALL of her picks are up -- as much as +58.4% in just a few months. And her subscribers are making money hand over fist alongside her. One has made \$10,272... another is up \$46,002.

[Click here to get her](#)

[latest pick.](#)

The Baltic Dry Rebound Is On



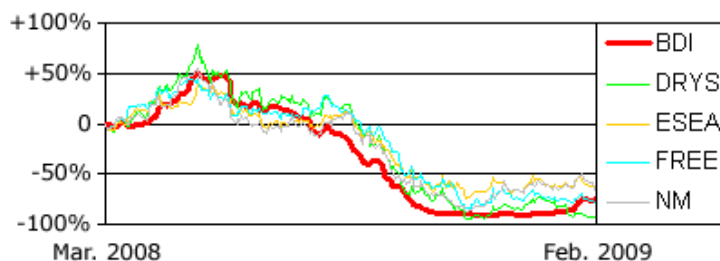
Having already tripled off its low, there's still plenty of room for the Baltic Dry to make gains. Its average price over the past ten years is 3225, +55% higher than it stands today. And in the recent past, it's been as high as 11,000, more than five times today's number.

Despite being able to charge much more for their services, shipper's stocks are still near their December prices. But don't think these stocks are sunk. They'll be back.

This is because the the Baltic Dry indicates what shippers are actually charging, which directly affects their bottom line. As the Baltic Dry Index raises to its historical level, shipping stocks will shortly follow suit.

Although there's a fair amount of slippage due to the Baltic Dry being a leading indicator and the particular situation of individual stocks, this index and shippers move together.

The Baltic Dry and Shipping Stocks Move Together



While the yields on many of these companies are near their historical highs and their share prices are near their historic lows, some caution is necessary. Several shippers have cut their dividends. Others have even stopped paying altogether.

But there's one shipper that's a real standout right now. It's trades at its book value, has a 21.1% yield, and has a potential of a 117% capital gain -- if it were only to return to its average price over the past several years.

Recent Articles

[Take Advantage of Historically High Yields from the World's Soundest Banks](#)

By Carla Pasternak
January 14, 2009

With capital ratios that are the envy of every banker from London to Santiago, Canadian banks are among the best capitalized. What's more the country's largest players are continuing to post strong results - and paying out mouth-watering dividends.

[Read On...](#)

[The Safest Dividend in the Dow](#)

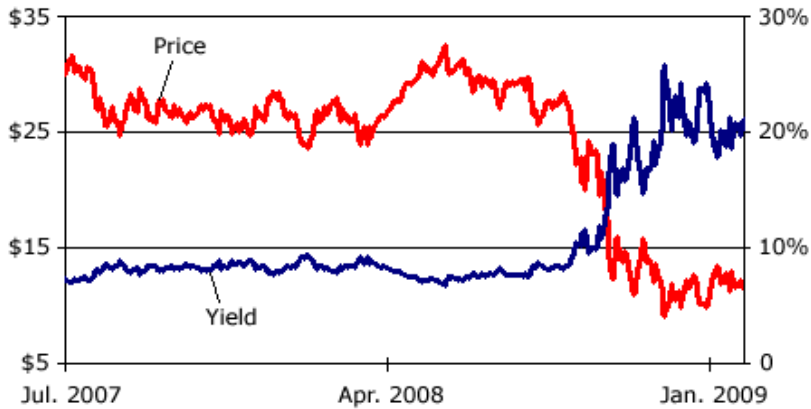
By Andy Obermueller
Feb. 4, 2009

A number of dividends in the Dow Jones Industrial Average are looking pretty juicy these days. So the question is appropriate: Which company has the safest dividend in the Dow? We sorted through the blue-chip index and applied several stringent criteria to arrive at the surprising answer.

[Read On...](#)

We're Finding Stocks Paying \$26,500 a

Stock of the Month Price and Yield



Carla Pasternak, editor of [High-Yield Investing](#) recently found this shipper, and it's showing no sign of letting up. Beyond having paid regular dividends like clockwork for 18 quarters, her "Stock of the Month" actually raised it in 10 of them. To find out more about this company, [click here](#).

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Year in Dividends

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By Andy Obermueller

[How to Add a Margin of Safety to Your Stock Portfolio in a Tumultuous Market](#)

By Andy Obermueller

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